* 40 min session, 10 min break
* Aim for 10 sessions a week
* Write in what you will study – start with your “red topics”
* Be strict with yourself – STICK TO THE PLAN

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Week Beginning | Time | Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
| 16 Aug |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
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| 23 Aug |  |  |  |  |  |  |  |  |
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| 30 Aug |  |  |  |  | Exams | Exams |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| 6 Sep |  | Exams | Exams |  |  |  |  |  |
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